

## Walking Life with Youth Mentoring Approaches and Strategies



presented by Amy Williams www.aHopeDealer.org



# "God's Hood"



KINGS

**Humboldt Park** 

## MENTORING:



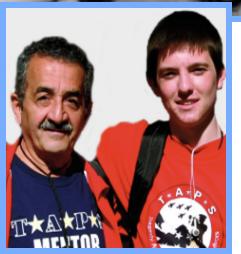
What comes to mind when you hear the word "Mentoring?"

How do you define it?

What key words/phrases come to mind?

# MENTORING:





#### **MERRIAM WEBSTER:**

Someone who teaches or gives help and advice to a less experienced and often younger person.

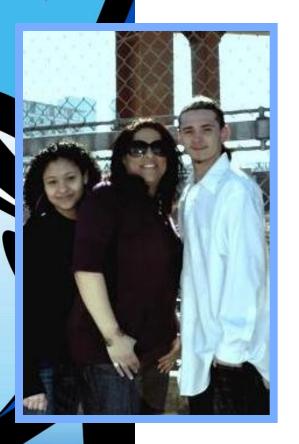
#### **DICTIONARY.COM:**

a wise and trusted counselor or teacher
 an influential senior sponsor or supporter

#### **OXFORD DICTIONARIES:**

An experienced and trusted adviser

# MENTORING:



## **AMY "Hope Dealer" WILLIAMS:**

Walking life with young people as they journey on their way to discovering

- •WHO they are in this world...
- •WHY they matter...
- •WHAT their God given purpose is!





# The essence of mentoring is the sustained human relationship

- Developing a healthy relationship is more important than teaching specific principles or ideas
- Mentoring has more to do with WHO you are than WHAT you do

## **GOOD ADVICE:**



It is more appropriate for a mentor to act as a **resource broker** and show the mentee how to access the services and resources he or she needs than to provide certain professional services.







- Lack of active listening
- Lack of understanding our role
- Lack of authenticity
- Lack of "realness" about this Christian walk
- Too much control; arrogance

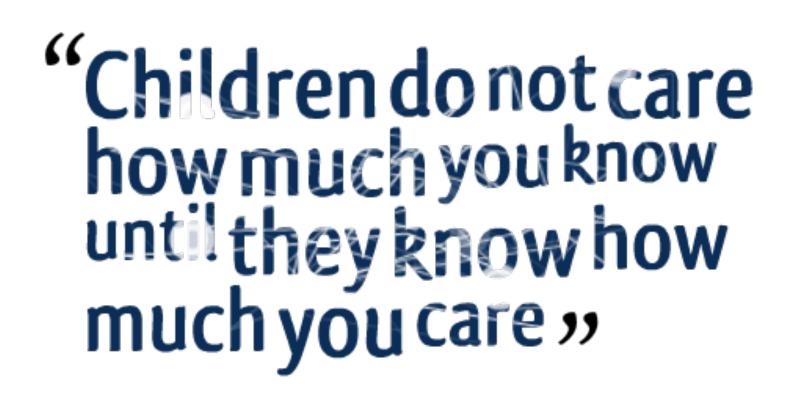
## **INEFFECTIVE MENTORS**



- Emphasize behavior changes over development of mutual trust and respect.
- Attempt to transform or reform the youth by setting goals and tasks early on; adopt a parental or authoritative role in interaction with the youth.
- Have difficulty meeting the youth on a regular basis; demand that the youth play an equal role in initiating contact.
- Attempt to instill a set of values inconsistent with those the youth is exposed to at home.
- Don't allow youth to make mistakes without condemning them or reminding them
- Force feed "religion and Jesus" when not ready

# WHEN MENTORING goes really well...

Approaches and Strategies







What I do is more about building trust and developing a strong relationship than it is about answering questions.

have mercy o Yes, turn to our God, for he will forgive generously. 8 "My thoughts are nothing like your thoughts," says the LORD. "And my ways are far beyond anything you could imagine. 9 For just as the heavens are higher than the earth, so my ways are higher than **VOUL MAYS** 





Mentoring is about allowing GOD to shape and mold our youth... we just join the journey!



Plutarch





Mentors allow youth to Think...

Explore...

Discover...

in a safe place where they can fail and still feel valued and worthy!





### **Giving Advice**

- Youth is passive, possibly resistant
- Cuts off further exploration of problem
- Often premature
- Youth doesn't learn
- Can impose mentor's solution on youth's problem
- Does not encourage self-esteem

### **Youth Solving Problems**

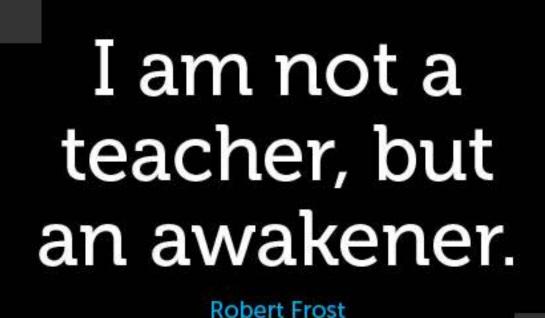
- Active youth
- Opens lines of communication
- Youth learn
- Solution belongs to youth
- Fosters self-esteem





### When is Giving Advice Appropriate

- If the mentor is an expert in a particular field, the youth may benefit from the mentor's specific knowledge and advice.
- If the youth is "stuck" after going through the problem-solving process, mentor can give advice about how to proceed.
- When sharing your own experiences that will help youth reach a solution



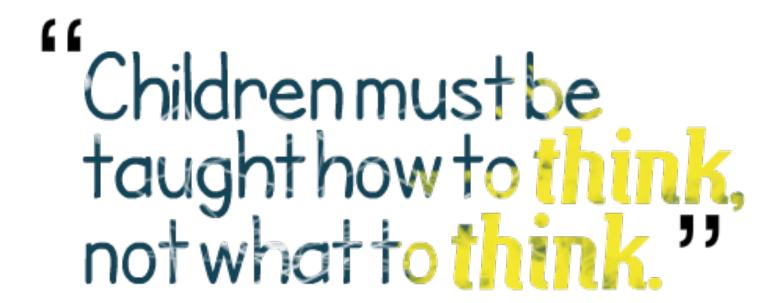




They are called to

## **INSPIRE**

young people... and believe in them even when they can't believe in themselves.

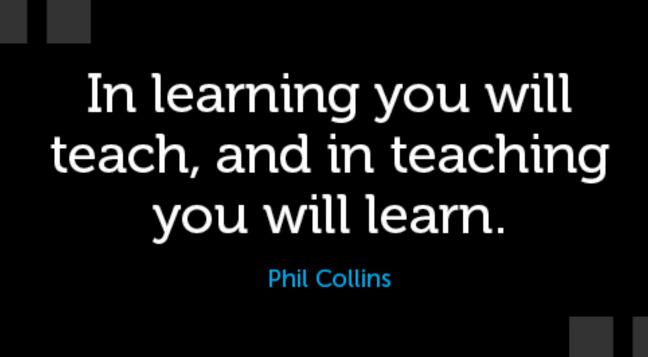


Margaret Mead





Mentoring is not about being the "answer factory" but to help the mentee arrive at the best solution to the problem at hand. If your mentee is stuck, ask questions or tell stories of similar dilemmas to help focus thinking through the problem and arriving at a suitable answer.







We learn from each other...
the teacher becomes the student and the student becomes the becomes the teacher.

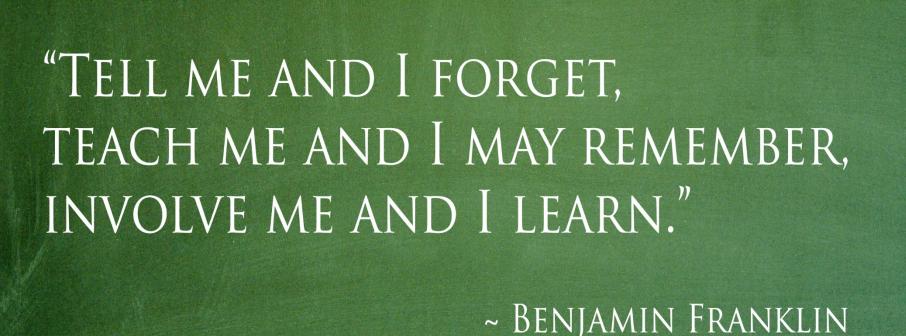






# IT'S NOT ABOUT YOU!

You are not God.



# IMPACTFUL MENTORS understand that...



The mentor must play the supporting role NOT the lead role in the relationship.



If you would like info on

## MENTORING GANG INVOLVED YOUTH

Visit my website

www.aHopeDealer.org

and click on The Well icon



## MY PLEDGE as a MENTOR

I will listen to you with my heart as well as my ears.

I will use the benefit of my experience to guide you.

I will challenge you to find your talents.

I will help you recognize opportunity.

I will find the best in you.

I will not judge you.

I will not lie to you or for you.

I will not do it for you.

I will not accept less than you best efforts.

I will not accept excuses.

I will not give up on you.

I will always pray for you.

I will be someone you can count on.

I will walk life with you.

I will always remind you that you are loved and created by God for a purpose!



