



Life Mandates

- **FAITH:** To be FULLY ALIVE and in a THRIVING relationship with Jesus.
- **MARRIAGE:** A unified, nurturing and passionate relationship with your spouse.
- **SINGLENES:** A quiet strength of being single and WORTHY, maintaining refueling friendships.
- **FAMILY:** A loving family that serves Jesus and one another.
- **HEALTH (Personal):** A physically healthy body and vibrant soul.
- **HEALTH (Relational):** Consistently enjoying refueling relationships with family and/or friends.
- **CALLING:** A God-honoring ministry. (Note that our “calling” came further down the list of what matters most!)



Best Practices for YOU: Getting Better,
Healthier, Stronger!

1. GET FOCUSED-- What Matters Most?

Write YOUR Life Mandates in response to the
areas that “**Matter Most**” above.

1.

2.

3.

4.

5.



Best Practices for YOU: Getting Better,
Healthier, Stronger!

1. GET FOCUSED-- What Matters Most?

Write YOUR "TO DON'T" LIST! What are 3
areas that you need to drop or delegate in order
to LIVE out these God-honoring priorities?

1.

2.

3.



Best Practices for YOU: Getting Better, Healthier, Stronger!

2. GET PERSPECTIVE!

What's RIGHT in your life?	What's WRONG in your life?
What's CONFUSED in your life?	What's MISSING in your life?