

STATION 1

NAMES

At this station you will be focusing on addressing God. You will learn that sometimes there is a need for more than just saying his name. Oftentimes, His name has a title attached to it.

THE LORDS PRAYER

⁹ This, then, is how you should pray:

“Our Father in heaven,
hallowed be Your name...”

“Our Father in heaven,” is a title for God. What would you call God if He was right next to you?

“...hallowed be Your name...” is an expression of adoration. Meaning he is telling God how great He is.

Look at the names for God we have printed. Take some time to reflect on each of them. Write down 2 that stick out to you and why they appeal to you. Then, think of a title you can give God and write it down. How would your word for God shows His greatness?

STATION 2

SOVEREIGNTY

THE LORDS PRAYER

¹⁰ Your kingdom come,
Your will be done,
on earth as it is in heaven.

The next part of the prayer will focus on two things. It will focus on the events in this world, and it will help us understand that God is in control.

1. The events in this world • This world is going through some crazy stuff right now. Take some time to look at the pictures above and pray for the events in this world.

2. Understanding that God is in control • Oftentimes we see the chaos in this world and it causes us to question God. In our prayer, we must remind ourselves that He is in control. This is not saying He causes the bad things to happen, but it is saying that He will use those bad things to ultimately bring people to Him. It is also saying that even though we might want something to happen really badly, God might want something different.

What are you holding on to that you should say to God “Your will be done in this situation”?

What do you need to trust Jesus with?

STATION 3

NEEDS

THE LORDS PRAYER

¹¹ Give us today our
daily bread.

Notice that this prayer is out of a necessity for life, not praying out of selfish desire. This is something God has promised to provide.

We can even go a step further.

God sees a much bigger plan than we do. He understands that we might need something beyond the necessities for life in order to get a job done that is for His glory.

What is something that you might need in order to fulfill what God is calling you to do?

Also, what is a need in this world you can pray for?

STATION 4

FORGIVENESS

THE LORDS PRAYER

¹² And forgive us our debts,
as we also have forgiven our debtors.

Ask God to forgive you for what you have done. Be specific.

Also, this verse talks about forgiving others. Try to forgive someone that has hurt you, even if they do not deserve it.

Remember that none of us deserve forgiveness, yet God still does it. Forgiveness brings healing.

Release this unto God even if you feel that you don't want to.

STATION 5

DELIVERANCE

THE LORDS PRAYER

¹⁰ Your kingdom come,
Your will be done,
on earth as it is in heaven.

Ask God to protect you from the Devil's traps. Be specific. Think of how the Devil tries to trip you up.

This station is to help you get the focus off of yourself in your prayers. There are so many things in this world that need your prayer. A lot of the time, when our prayers remain centralized on our problems, we remain stuck in those problems. This does not mean we are not to ask God for help in these things, it is just good not to remain there.

Take a brief moment pray for your struggles and temptations. Lift them up to God and let them go.

Spend the remainder of the time praying for the people in your life, and for deliverance and freedom. Notice that by praying for others, you will lose focus of your own struggles.